# UNIFORMED SERVICES UNIVERSITY OF THE HEALTH SCIENCES

#### **GRADUATE SCHOOL OF NURSING**

Course Syllabus

**Course Title:** Pharmacology for Nurse Practitioners – Didactic

Course Number: GSN 0630

Credits: 4 Credits

Prerequisites or

**Taken Concurrently:** Health Assessment, Physiology

Placement: Fall, First Year (2001)

**Course Coordinator:** Diane Seibert, CRNP – Onsite program coordinator

CAPT Bonnie Pyler, CRNP – Distance Learning program coordinator

Faculty: Dr. Frank Pucino, Pharm D

Dr. Fred Lombardo, Pharm D

### **Course Description:**

The purpose of this course is to assist nurse practitioner students in obtaining the essential pharmacological information required by nurses functioning in an advanced practice role. This program was developed in concordance with national guidelines developed by the National Organization of Nurse Practitioner Faculties (NONPF) for Nurse Practitioner programs. The focus of this course will be on the major categories of drugs, their effects, side effects, toxicity and dosages. The principles of pharmacodynamics (action of drugs) and pharmocokinetics (absorption, distribution, metabolism and excretion) will be emphasized, along with necessary modifications required for age, weight and race differences among patients.

#### **Course Rationale**

Pharmacology includes the elucidation of molecular mechanisms of drug response, the development of new drugs and the formulation of clinical guidelines for safe and effective use to include drugs in therapy or prevention of disease states and in relief of symptoms. This course provides this knowledge and is essential for Advanced Nurse Practitioners.

## **Course Objectives:**

At the conclusion of this course, the student will be able to meet selected objectives from the following NONPF clinical competency Domains

Domain 1: Management of Client Health/Illness Status

Domain 2: The Nurse-Client Relationship

Domain 3: The Teaching-Coaching Function

Domain 6: Monitoring and Ensuring the Quality of Health Care Practice

Detailed objectives designed to meet the above domains are described below. The student will:

- A. Utilize general principles of pharmacology and their application in the safe administration and monitoring of drug therapy.
  - 1. Define pharmacokinetic process of absorption, distribution, metabolism and excretion and factors that alter pharmacokinetics.
  - 2. Identify the concept of and potential for drug interactions.
  - 3. List significant adverse drug reactions and appropriate interventions.
  - 4. Describe issues related to bioavilability and bioequivalance of different drugs.
- B. Describe the major classifications, action and side effects of drugs and chemotherapeutic agents in current medical treatments and drug therapy for selected disorders.
  - 1. Identify the indications and rationale for pharmocotherapeutic agents.
  - 2. Contrast drugs used to treat individuals with specific conditions based on factors such as pharmacokinetics, cost, genetic characteristics, etc.
  - 3. Analyze the relationship between pharmacodynamic mechanisms and physiologic responses
  - 4. Describe essential client education for expected effects, potential adverse effects, proper administration and cost of medications
  - 5. Determine correct dosages, dosage form, route and frequency of administration of medications based on relevant individual client characteristics (e.g., age, culture, gender and illness).
  - 6. Identify appropriate monitoring for specific drugs
  - 7. Describe ethical and legal standards and ramifications of pharmacotherapeutics.
- C. Demonstrate understanding of the teaching-learning process required in the nurse practitioner's role.
  - 1. Is able to assess patient's learning needs.
  - 2. Can utilize multiple teaching strategies to present information.
  - 3. Understands how to evaluate a patient's learning.

GSN Terminal Objectives*	NONPF Domains*
1. Consultation	Domain 1: Management of Client Health/Illness Status
1A	A 1, 2, 3, 4
1B	B 1-7
2. Leadership/Advanced Role	
2A	Domain 2: The Nurse-Client Relationship
2B	B 4
2C	C 1, 3
2E	
3. Teaching and Education	Domain 3: The Teaching-Coaching Function
3A	B 4
4. Research	C 1, 2, 3
4A	
5. Clinical Practice	Domain 6: Monitoring and Ensuring the Quality of Health Care
5A	Practice
5B	A 3,4
5C	B 7
5D	
6. Readiness	
6A	
6B	
6C	<u></u>
*See GSN Terminal Objectives for	*Detailed Pharmacology objectives which fall under each domain
details related to number/letter	

# **Topical Outline**

Introductions and Mechanisms of Drug Actions

Absorption & Distribution

Pharmacokinetics

Drug Metabolism

**Autonomic Neurotransmitters** 

Cholinergics/Anticholinergics/Ganglionics

Anticholinesterase Agents/Oximes

Adrenergics

Histamines/Antihistamines

GI Drugs

Non-Steroidal Anti-Inflammatory Drugs (NSAIDS)

Antiparkinson Drugs

Antipsychotic Drugs

Sedative-Hypnotics

Alcohol/Alcoholism

Xanthines/Antiasthmatics

Anticonvulsant Drugs

Antidepressant Drugs

Treatment of Pain: Opiate Drugs

Drugs of Abuse

**Thyroid** 

Adrenal Hormones

Androgens/Estrogens

Insulin

Vasodilator Drugs

**Antianginal Drugs** 

Diuretics

**CHF Drugs** 

Antiarrhythmic Drugs

Thrombolytics

Anticoagulants

Clinical Aspects of CHF

Antihypertensive Drugs

Hypolopdemics

**Antibiotics** 

Chemotherapy of Mycobacteria Infections

Clinical Aspects of Antibiotic Use

**Antiparasitics** 

Antivirals/Antifungals

Clinical Aspects of AIDS Therapy

Self-Study-Gout

Antibiotics

Dermatopharmacology

Geriatric Pharmacology

# **Teaching Methods**

Lecture, Guest Speakers

## **Course Requirements:**

- 1. Attendance at all class sessions with quality participation and preparation.
- 2. Successful completion of four written examinations

## **Student Evaluation:**

Four Examinations (20% each)

## Textbooks:

## Required:

McKenry, L. and Salerno, E. (1998), Pharmacology in Nursing, 20th Ed., Mosby.

80%

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